

## THE AMAZING LIFESTYLE CREATION FORMULA

# THE MANIFESTO...

More Life. More Peace. More Love. 93% More Time.  
362% More Money. Doing & Living The Life You Love... Or Its Free!

*Instead of forgetting your dreams and living within your means, pursue the means to **live your dreams.***

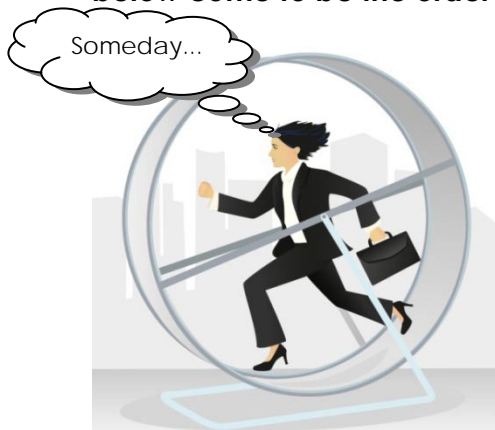
With David Cameron Gikandi

Entrepreneur, author of **A Happy Pocket Full of Money** and Creative Consultant on **The Secret**



**The BIG question is:** *after all* you have been through, *after all* the promises given to you... plus the studying, the hard work... *after all* the New Year resolutions, starts and stops, honest tries at this and that, doing your best to be good to your neighbor, doing what your daddy and your school teachers told you to do... *after all that...* **How on earth did this picture**

**below come to be the order of the day...?**



### Time Stats:

	Current (stuck here?)	Easily possible (but unrealized)
Free time to spend with family:	4%	17%
Free time to indulge in what you truly love (your true passions):	0.9%	21%
Time spent working on what you truly love:	8%	25%
Time spent "treading water" (working and maintaining life, often doing mundane tasks):	54%	6%

Holiday/vacation/free travelling time per year:	8%	25%
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**T**he rat race... it robs a person of their time and rewards them quite lowly for their efforts, relative to what is easily possible for them if only the person were to... Have you ever felt it? I mean, it does have its good times and benefits, this rat race, but it also makes it seem as if life is passing you by, carrying with it all your unrealized dreams, not to mention the chance to live, today, in a sane manner on your own terms. Doesn't it?

Consider also...

**Time/Money Exchange**

% income currently earned without having to exchange your time for it:	2%
<b>Unutilized potential to earn income earned without having to exchange your time for it:</b>	<b>2000%+</b>

**Wealth & Financial Freedom**

Current wealth as a % of desired wealth (assets, passive cash days, people, mindset):	1.5%
<b>Possible wealth potential, <u>as you are</u>:</b>	<b>110%</b>
Current level of financial freedom (passive income days):	0.003%
<b>Possible potential for financial freedom:</b>	<b>87%</b>

The infamous rat race... With all its peculiar characteristics, most notably composed of no free time and too little money to live the life you truly desire... Plus an apparent bondage to it...

**The IMPORTANT questions are:** What maintains your rat race, and more importantly, how did you join it? But even more importantly, **how do you definitely, absolutely, for sure, guaranteed, *no-more-nonsense-gaddamnit* leave it?**

And so **the objective of this manifesto** is for you to understand what went wrong, and when, and how to fix it...

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## One Third-World Kid's Hero's Journey... And His Reward For You!

We all admire and envy heroes. Sometimes, we wish we could be like them...

What we don't realize is that at one time, **heroes were just regular folk**. *It is the hero's journey that transforms the person into a hero*. The hero's journey is a journey to the center of one's self. It is an inner journey to wholeness and understanding.

But **at the end of that journey lies the big reward, the elixir**, a reward that can be shared with the rest of humanity. The reward is often love, peace, freedom, riches, power, and more love. And more, so much more.

At the end, the hero is just a regular guy, but with the one difference... he or she finally has the elixir, the reward, and it can be shared with others!

**I would like to tell you of one such journey, and then give you the elixir, the reward... it could very well change your life for the better in ways you never imagined...**

My name is David, and this is an account of my hero's journey, and the reward I have for you from it.

Kenya: where this guy's  
dad comes from!



I was born in **Nakuru, Kenya, East Africa**, on **March 6, 1975**. I was raised in Kenya, a developing country (so called 'third-world'). Beautiful as it may very well be, Kenya didn't have much in the way of the kind of information and resources you might expect to commonly find in North America or Western Europe. Nevertheless, I am now 33 years of age and since receiving my elixir a few years ago, I have experienced time, geographic and financial freedom to a great extent.

You may or may not have heard of me before, but you have probably heard of *The Secret*, which I was Creative Consultant on. I have traveled to over 30 countries in all the continents except the poles, spent time in many of these, lived in a few of them, met amazing people and seen amazing things. Australia, Hong Kong, China, Thailand, USA, Mexico, Colombia, Mauritius, Tanzania, Egypt, Malaysia, New Zealand, U.K., Cambodia, South Africa, Germany, The Netherlands, UAE, etc, etc. Life is beautiful. I also have a healthy passive income that mostly comes in whether I work or not. I work in the areas I love, investigating and playing with my passions. To be sure, I am still a 'grasshopper', still learning. But it just keeps getting better and better.

**However, it wasn't always like this.**

I was, like many other people, stuck and wanting to get the freedom to truly live!

**I had the typical nagging problems** of financial bondage and constraints, being torn between my work and my family and fun, feeling like life is passing by without me living my life to the fullest, pressure from negative issues and thoughts from my past, fear of uncertainty and failure and lack of action, lack of focus and organization in the directions that truly mattered... Yet I was stuck! I was working very hard, anxious, restricted by 'invisible blocks' inside me... you get the picture.

**I was in need of the hero's journey. And I got it.** The journey began with a call to adventure...

### **The Call to Adventure**

I needed to fly, to live the life I had dreamt of. I wanted more peace, more love, more time, more money, doing and living the life I loved, a life of my passions, a life natural to me.

And I was bored with "normal", with living the life I had been told is the right life to live. It seemed so predictable and confined. The rat race. Doing the same thing daily, without the option to stop or rest whenever you needed to, and not getting much in return for all that work. And worst of all, the rat race lifestyle said I was to do things I didn't necessarily love, and rarely get to do what I loved. It didn't make any sense.

I kept asking myself, "Is this it?"

Then, one day, round about July 2001 I believe it was, I was in the bathroom. I was mulling over the situation. To be precise, I was wondering, how do I live the life I dreamt of as a child? But this time it was different. For the first time, I stepped back and looked at myself and my life with detachment. I didn't defend anything. And then it happened. The most simple, most obvious of epiphanies!

I simply realized that if I kept thinking, feeling and doing the same things, I would keep having the same results all my life. I realized I would never live my dream unless I attained inner and outer game mastery. I couldn't expect to do the same things and expect a different result. The Call started as a simple epiphany.

An epiphany that clearly told me that I had to take a quantum leap of change. I had to, like a caterpillar that becomes a butterfly, undergo a complete metamorphosis.

So that was my call to adventure. And it was delivered by the most interesting messenger, one that I had never heard of before... an audio recording by a man by the name of Deepak Chopra!

### **The Herald**

Life works in mysterious ways. As if by accident, I bumped into my messenger, my herald who would deliver my call to adventure in the most precise and captivating way

possible. I had never heard of Deepak Chopra before. Never! But one day in August 2001, shortly after my epiphany in the bathroom, I felt a great desire to listen to some particular kind of music. I was sitting in my apartment in Surfers Paradise, Gold Coast, Australia, when it occurred to me that my brother William, who was in college Buffalo, New York at the time, would have that kind of music. So I called him up and he told me to log into his computer over the Internet and download whatever I liked. I logged in after some technical problems, and as I was scrolling through his list of files, I saw this one called The Way of the Wizard, by a fellow named Deepak Chopra. I downloaded it purely out of curiosity... What would my brother be doing with that file? I asked him and he said he didn't even know he had it.

### **An Unsuspecting World Revealed**

It was late afternoon. I played the file and I was hooked! It set me up for the game. It opened me up and reminded me of ancient knowledge that I felt had been buried deep within, sleeping like a giant. It established the stakes of game and made clear the hero's goal.

I wasn't looking for anything like this, but it was exactly what I was looking for all my life. Have you ever had that feeling before?

It was the simplest of 'accidents' that revealed an unsuspecting world, and I was drawn into a relationship with forces that I did not rightly understand at the time. At first, I was both excited and afraid. I had been raised up on the one hand by my father to doubt the power of the non-physical, and on the other hand by mother to fear any mysticism outside of Christianity.

Later on, I came to realize that far from being doubtful and fearful, this spiritual journey was safe, guided and extremely loving and powerful! But it took a while to realize this. In fact, at first, I refused to listen to The Call.

### **Refusal of The Call**

Like I said, I initially refused to go along but I was getting very bored with life as I had come to know it. Especially now that I had come to know that miracles were possible – if only you knew how to perform them! Nevertheless, I refused to leave my comfort zone and explore. Life started becoming dreary, routine, and my income started to go down because I wasn't into it any more. For a couple of months there, I became walled in by boredom, working hard at something I was no longer into. This couldn't go on forever. I lost my power to act 'normal' and soon I had no choice but to answer The Call.

### **Acceptance**

As soon as I chose to answer The Call, I made a 100% commitment to move forward. I was excited – and still scared! The terror of the unknown was massive. But so was the excitement. And I started feeling really weird. Detached. Light. Open. New things

began to matter and make sense, and old values began to fall. When things you believed in and valued, things that defined you, no longer matter or make sense, you get very, very scared. And you almost feel purposeless for a while. Only later do you realize that it is OK to feel that way.

Anyways, I literally stopped everything and decided to focus on The Call, and its subsequent journey. I sold my old business, sold my car and other possessions, left Australia, and moved to Kenya to stay with my parents, literally doing nothing but researching The Call and learning all that it taught me for several months.

What began as a quest for an expanded and wealthier life transformed itself into a spiritual quest over the coming months and years, which later led to the original goal being realized (an expanded and wealthier life). It was, in a nutshell, seeking the Kingdom, and then automatically having all other things given.

### Supernatural Aid

I couldn't have done this myself. I had lots of help along the way, much of it from the nonphysical world. It was a gentle yet firm and uncompromising help. Sometimes it felt like the greatest feeling ever, and sometimes it delivered painful lessons without ceasing until the lesson was learnt. And it came in all sorts of ways. Sometimes I would have dreams that would clearly, specifically, give me complex yet practical answers to life's puzzles. At other times I would have what many people call a guide deliver solutions through vibrational feelings and imagery, while at other times I would bump into 'accidents and coincidences' that magically prove to be exactly what I was after (seek and you shall find)!

But the best one by far was the Peak Experience moment. It happened just once, on a Tuesday lunch time, I believe it was. I literally felt fused with the universe and everything became alive. It is very hard to explain that state. It is a state of Oneness and a lot of love and wisdom streams in. Plus you literally experience the Universe. And at that time, things flow very smoothly, and everything you need appears just in time, sometimes even before you realize you need it. And the 'Whole System' seems to be talking to you in a voice that seems to be everywhere all at once, yet not loud at all. Any question you hold in mind is instantly answered in the most wholesome and complete way you can imagine! And you feel safe! And loved! By All That Is! That lasted for just about 20 to 30 minutes perhaps, it is hard to tell now because I was too busy feeling blissful!

It was at this time that my highly-acclaimed book, *A Happy Pocket Full of Money*, was birthed. I did not actually start out to write a book. Not at all! I did not even have it as an idea! All I was doing was that I was writing all these notes from all the information and insights that coming to me. I was writing notes on pieces of paper, note pads, and whatever I could lay my hands on. I started writing these notes because I had soon started to notice that the insights coming to me were profound and would take me a

long time to fully appreciate and integrate. And there were really coming! Several every day! So it was just a logical thing to do to write them down for future reference. I was making notes for myself.

At first I thought I would end up with just a few pieces of paper worth of notes. But within three months I had what amounted to a whole book full of notes! They were handwritten, messy and all over the place. So I decided to have them all typed to make them easier to manage. When the typed notes came back, I looked at them and realized I was holding a very good book in my hands. So I spent another few weeks arranging all the notes into something that made sense. That is why, to this day, that book looks like a collection of small clips of notes. And that is why it is so concentrated yet easy to read. People say it is like the synthesis of 20 years of reading dozens of books! And that is how *A Happy Pocket Full of Money* was birthed. And it is this book that led to me being asked to be the Creative Consultant on *The Secret*.

### **The Passing of the First Threshold**

Spirit is sneaky. It tempts you with good vibes and promises. You follow and embark on a journey. And then you reach a point of no return where the only way out is forward. Welcome to the Special World. And part of that welcome is a road of trials. The trials at first feel like a failure, like things are going wrong. I felt as if I was screwing my life up chasing the rabbit down the hole to see where it ends. I even started to regret why I started this quest in the first place. Everything collapsed! Everything! I tried to hold it up, to prop up my life but it all failed. At one point I was so down I wondered what life was all for, and the worst thing was I couldn't hide somewhere and take a break from it all – partly because I was homeless and sleeping on a friend's couch for a few months. What I later realized was that life wanted me to drop everything and drop all my limiting beliefs so that I may learn new, more expanded ones. My cup was too full and I needed to have it emptied so I could make room for the new. Looking back, it makes sense. But at the time, I just felt like my world was collapsing around me. I was scared out of my mind, I was broke, I was having anxiety and panic attacks, I was having family problems as old issues came to light and had to be discussed and sorted, I couldn't seem to function in 'the real world'... Once the trials started, I experienced the scariest seven or eight months of my life! I was into what is commonly referred to as The Dark Night of the Soul (you can Google that up if you like, but basically it is called the dark night of the soul because it seems to be a profound and prolonged absence of hope and light).

The Call always has a challenge built into it, and you have to face the consequences of dealing with this challenge. And in doing so, you face the dark side of your true, hidden self, the side you have always denied for most of your life. In other words, you face your biggest fears head on, no shield, nothing to hide under. Head on! And in doing so, you realize you are bigger than your fears. Your consciousness becomes

amplified, light from shedding the fears, and able to easily handle the past 'big things', able to take in the duality of life with comfort.

At the end of that road of trials, I felt as if I had literally died and been born again! Fresh, comfortable, relaxed, and unfazed. A great part of your shell, your mask, dies and reveals the Greater You that has always been there but covered up and denied through the compromises one makes while growing up as a child so as to have love and safety from one's caretakers.

### **The Temptress**

I don't know how else to put this but eventually, once you emerge at this point, you are tempted to remain there. You almost don't wish to go back to the 'real world'. The Buddha once said, "before enlightenment, chop wood and fetch water, after enlightenment, chop wood and fetch water". Now, I am not saying that I am enlightened or not, but the point is that life goes on but you almost wonder what is the point, now that you know what you know once you have emerged from the journey. There is disunity between your new truths and the subjective outlook that is inherently tainted by flesh. Life seems meaningless, because all former meanings you had before you dropped your fears are no longer valid. Eventually, however, you start to see that life holds the meaning that you give it, and it is beautiful! You start to get alive! You start to give life a beautiful meaning of your own.

### **Atonement with the Father**

Once I had confronted my demons (anxiety, low self-esteem, oppression, ignorance, panic, self-hate, fear of the Whole), I was instantly and easily able to use those parts of my true self that terrified and shamed me before. There was reconciliation with the tyrannical and merciful aspects of my inner voices, thus understanding myself and the nature of these voices and forces. At the same time, as if by magic, all family issues sorted themselves out! Does this mean that I no longer have challenges? Of course not! Challenges will always be there. In fact, we grow and succeed because of challenges, not despite them.

### **Apotheosis and the Ultimate Boon**

**It was then that I experienced** a breakthrough expansion of consciousness. My idea of reality changed. I realized how loved, worthy, and supported I have been all along! I gained the ability to do new things, the ability to see the larger point of view.

This new awareness was the beginning of inner game mastery and outer game mastery. I met new mentors and information that I wouldn't have been ready for before the inner journey was taken. I was awakening to how easy and fun life really is and how to make it so!

I slowly discovered new passions and begun to feel a steady, daily glow from harnessing the power of my true self.

The ultimate boon had arrived, the reward of the journey. The elixir. I was given the Tools of Life!

### **Refusal of the Return**

I consistently had the nagging feeling of wanting to tell everyone that it can be done! But I was reluctant to do so because I didn't know how to explain the unseen, nonphysical portions of the journey. I had also found bliss and some enlightenment, and I did not wish to return and hassle. I just wanted it all to be just as it was. To sit back and let life be. I had no motivation to teach anyone anything.

But people kept asking me how I did it, how I seemed to live a life that left me with so much free time, resources and freedom to be and do whatever I wanted, as if by magic. It was so simple for me to see how it all worked, because, really, there is no magic involved. All you need to perform a miracle is to know what to do, both inside and outside.

That is worth repeating:

*All you need to perform a miracle is to know what to do, both inside and outside.*

It may appear to be magic to observers, but really it is natural. You simply need to know what to do, inside and outside of yourself.

Anyway, over time I developed a desire to teach what I had learned as a system, and to do so to the best of my abilities. I realized that sharing what I had discovered was part of the obligation, duty and pleasure of having taken the journey in the first place. And I also realized that the more I shared, the more I internalized what I had learned.

### **Crossing of the Return Threshold**

I finally made the decision to return to the ordinary world, realizing that the Special World must eventually be left behind, and its gifts and wisdoms shared with the rest of humanity.

I then had to adjust my new-found passion to the demands of the ordinary world, a trying time for imaginative people impatient with bureaucracies and the tedious processes that inhabit them.

### **Master of Two Worlds**

The journey does a lot for you. Once you complete it, you are now able to perceive both worlds, the inner and outer, divine and human, supernatural and natural. You are transformed by your moments of ego death and rebirth and are able to return to ordinary life reborn as a new being with new insights.

And you return to the ordinary world with an elixir, a treasure and lesson from the Special World. This elixir is not a single thing. It is love, freedom, wisdom, and knowledge that the Special World exists and can be survived, and that the ordinary world can be lived more fully. It is Freedom to Live!

**The hero's journey is a journey to the center of one's self, an inner journey to wholeness and understanding. Over the last few years, I have compiled much of what I have learned into a set of materials (books, videos and so on). The Amazing Lifestyle Creation Formula is my attempt to package and formulate as much of the elixir into one easy-to-follow package. It includes plenty of videos, mind maps, books, and more, including the highly-acclaimed *A Happy Pocket Full of Money* book. I hope you enjoy it and find it as powerful and beneficial as I did.**

*David Cameron Gikandi*

### So what went wrong? And when?!!

Well, that depends on how you look at it. In a larger sense, nothing went wrong. You are part of the great cycle of life, and you were born where you were born, in the environment that you were born unto. Nothing wrong with that. It just is. And you are an integral and very valuable part of that cycle, no matter where you happened to fall. Without you, life wouldn't be the same – for all of us! Perhaps even incomplete. You truly, truly are very valuable, as you are!

*You could say that your education and mis-education, in a larger sense, needs to be re-assessed.*

However, in relation to what you naturally desire, the lifestyle of your dreams, well, you could say something went wrong... You could say that your education and mis-education, in a larger sense, needs to be re-assessed. Especially in light of the all-pervading 'how life works' science.

Huh?

**Let us pretend that you were born into royalty and wealth.** What would you learn from your grandmother, your environment, your day-to-day life? What information would you be privy to? What would you come to know, just as you were growing up?

**Now, let us pretend you were born the son of a good man, but a good man who himself happened to be a member of the lower caste in India,** the so called 'untouchables'. No access to anything much. What would you come to believe about life, as you grew up, what would you know about and most importantly, what would you miss knowing?

Do you get the picture?

The problem and the solution are extremely simple! In concept. In reality, there is literally a world of difference between the mindset and emotional constitution of one born the third generation of great wealth, and one born the third generation of poverty. We are using extremes here, I know, but it is to illustrate an important point. And then we shall come back to your particular case.

Let us continue. Now, of course, we are not talking about concepts such as bravery and virtue here. The poor child may be 'braver' and 'more virtuous' than the rich child or vice versa. That is not what I am talking about here. What I am referring to is something else.

Before we continue, look at this chart:

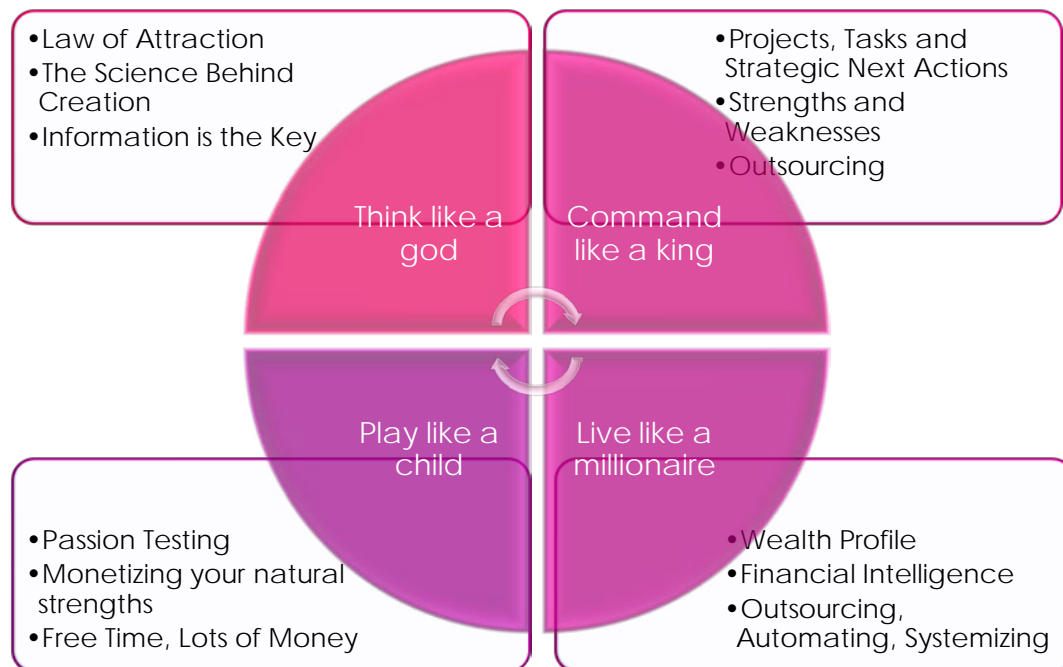


Figure 1: Formula framework brief summary

The above chart is a very brief summary of the lifestyle creation formula. For now, don't bother understanding it. Let us go on with our discussion about the two children, the one born into wealth and power, and the one born into poverty...

- **Beliefs about self and the world.** What do you suppose these two children will believe about themselves? What will they believe about the world? How will this affect how they interact, what opportunities they see and attempt to take, where they will tend to place themselves in society, and so on?
- **Key information.** The Law of Attraction works all the time, bringing to you what you think about and feel predominantly. Question: How does one think about what they don't know? And how does one become adept at knowing what they don't know they don't know that they don't know? The world is big. There are more things in it than any of us know. Now, consider the fact that there are about 40,000 different kinds of securities one can invest in, and dozens of asset



The Law of Attraction works all the time, bringing to you what you think about and feel predominantly.

**Question: How does one think about what they don't know?**



classes. The average middle class person knows only of houses and stocks. For houses, they know of only the conventional mortgage (out of dozens of other better mortgage types that are unbeknownst to them). For stocks, they only know very little. And they don't even know that 40,000 other security classes and types exist – and they would call you a liar for saying they do. Now, back to our two children. The wealthy child would learn about dozens and how to masterfully handle them. In truth, most are simply to understand; they are just not advertised or taught to the average person. So, perhaps it would be the grandmother who would teach this rich child how to save and invest by the age of eight. The poor child would have no one to teach him such, for his parents and neighborhood are themselves unaware. Even if this child were to win a lottery, he would probably lose the money within a year or two for lack of knowledge on what to do with it. And this is only a simple example of missing key information.

- **Inner game.** Well, we all know that our perceptions determine what we see in the world, and our actions determine our results. But both of these are driven by our inner game (mindset and emotions), and we mustn't forget that the life we draw unto us is also dependent on the inner game. What inner game would these two children most likely end up with by default, by simply growing up in their given environments?
- **Passion vs. Survival.** When one has to deal with survival issues predominantly, they tend to forget their passions. When one has their basic needs more than well taken care of, they have the time and resources to indulge in their passions. It is at the passion level that true genius, pleasure and success emerges in all of us. Focusing on survival, the poor child may never have had the chance to know his true passions.
- **Leverage.** How well do you understand the concept of leverage? One can leverage strengths, self, and much more. For reasons you will clearly see as you go deeper into this formula, leverage is easily achieved, but 92% of the world doesn't use it, for lack of awareness of what it is and how to apply it. With leverage, you can attain results that astonish even you, at a rate faster than you ever thought possible. The rich get richer and the poor get poorer, often because of leverage, among other important factors. **IMAGINE THE POWER YOU WOULD HAVE IF YOU APPLIED THE LAW OF ATTRACTION IN A WAY THAT LEVERAGES YOUR STRENGTHS, RESOURCES, NATURAL PATH, ETC.**

*It is at the passion level that true genius, pleasure and success emerges in all of us.*

- **And much more!** You can begin to appreciate the idea of education and mis-education due to environment. **WE TEND TO INHERIT NOT JUST DNA, BUT IDEAS, CONCEPTS, HABITS, RESULTS, EMOTIONAL SET POINTS, INFORMATION AND KNOWLEDGE, WORLD VIEWS, PERSPECTIVES, TRUTHS AND LIES!** Once you realize this, it is very easy to correct. That is evolution.

This begins to explain how you joined the rat race, and what maintains you there. Let us move on towards the solution...

## The “Secrets” to Living the Lifestyle of Your Dreams

*To live through an impossible situation, you don't need the reflexes of a Grand Prix driver, the muscles of a Hercules, the mind of an Einstein. You simply need to know what to do. - Anthony Greenbank*

The fact is, in over 80% of the cases, **a person living the dream lifestyle was just a ‘small’ person who did the right things (and they truly are not difficult)**. Very few were born with a silver spoon in their hand.

What you are now holding in your hands is the beginning of an all-encompassing framework that took years to put together. Forged through personal experience, testing and proving, plus wisdom gathered from many of the world’s most successful people in all walks of life, current and long gone. **It is practical! No fluff, no speculation. And most importantly, it is directly applicable by you!**

Up until now, the complete framework, all put together, was available to an estimated 2% of the world. This is not a joke or an overstatement. Consider the contents here, **and especially Figure 1 on page 14 plus the key point made on page 22**. Ask yourself this: Knowing what the world is today, how many people know what is on that chart and how to apply it well and effectively? And what about the details, the tons of information not shown on that chart?

So consider yourself very fortunate to have found this. Seriously. I *strongly* suggest that you print this manual out now and read it over a couple of times, making notes on it. Once you grasp it, it will make you a fortune and finally liberate you from the rat race. People will come to you once they see your new life and ask, how do you do it? How do you manage to have so much free time, freedom to move and do as you wish, and

*For the rational man to hold steadfastly to his self-image ensures his abysmal ignorance. He ignores the fact that shamanism is not incantations and hocus-pocus, but the freedom to perceive not only the world taken for granted, but everything else that is humanly possible to accomplish. He trembles at the possibility of freedom. And freedom is at his fingertips. - Carlos Castaneda*

yet your income is higher than it ever was?

### Who Is David Cameron Gikandi?



Figure 2: Me

I was born in a little town in Kenya called Nakuru. Google it up – it is one of the world’s biggest homes for flamingos. Anyways, that was on March 6, 1975. It is a very small town, more famous for its flamingos and other wildlife than anything else. In fact, I remember once, as a toddler, my parents and I were driving around the local park in my dad’s tiny Datsun 120Y when a rhinoceros charged and chased us! A frightening experience that I can still see clearly in my memory despite all that time passed.



Figure 3: Kenya

I still live in Kenya every now and then, and right now, as I write this, on Friday, January 18, 2008, I am in Mombasa, Kenya. Unfortunately for us, Kenya at the moment is experiencing some political turmoil and violence, as you may have seen on the news. It is getting better though and I am sure we will solve this problem soon and get back to normal. So yes, this is my home, Kenya. A very beautiful country best known for its nature and wildlife, beaches, and warm people. I have also lived for quite a few of the last 7 years in Australia, another country that I love very much. Again, I thank this lifestyle formula for giving me the ability to have lived in that country as well. It is amazing how far you can go and what you can do when you apply this formula.

I am now **32 years of age**. Since I actively started applying the formula a few years ago, I have experienced time, geographic and financial freedom to a great extent. I have travelled to **over 30 countries** in all the continents except the poles, spent time in many of these, lived in a few of them, **met amazing people and seen amazing things**. Australia, Hong Kong, China, Thailand, USA, Mexico, Colombia, Mauritius, Tanzania, Egypt, Malaysia, New Zealand, U.K., Cambodia, South Africa, Germany, The Netherlands, UAE, etc, etc. Life is beautiful. I also have a **healthy passive income** that comes in **whether I work or not**. I work in the areas I love, investigating and playing with my passions. I am still a ‘grasshopper’, still learning and I am young at this formula. There is a lot I am yet to master, but the formula itself ensures you master it automatically over time, as long as you apply it. So far, I can swear by it! And the fact that I applied it from where I was at the time I began hearing of it and putting it together, from an average middle class family in a developing country in Africa, is testament that it can be done from just about anywhere – and I have even more certainty because in my travels I have met people who have used it from truly dire beginnings!



### Why Are These “Secrets” Being Shared?

I decided to put together this framework because of several simple yet compelling reasons. I have already mentioned how it came to me over the years, and that it isn't new, although only about 2% of the world know of it and apply it, nor has it ever been compiled in its entirety before, in an easy to grasp format.

In my travels and even at home, people (friends, strangers...) would ask me questions that seemed strange to me. My friends would see me travelling all the time, not going to a particular place of work, yet living well, and so on. They would wonder what the secret is (and these are people I see almost daily). In places that I travelled to, I would sometimes stay for extended periods if I happened to like the place. Sooner or later, the locals and I would get to know one another, and they would again wonder how I was able to randomly stay well enough in their town, seemingly on an extended holiday (albeit with a laptop sometimes). They would all ask, and I would briefly but openly explain the principles, always ending with the phrase “ anyone can do it”. Anyone can do it.

One day, after the hundredth time I had to explain myself so as not to be mistaken for a mysterious international drug dealer, I realized that people really would like to know the details of the framework, the formula. I also realized that I should put my money and time where my mouth is. I kept saying anyone could do it. Prove it, David! Explain it in adequate detail, and see if people can really do it once they know what is involved.

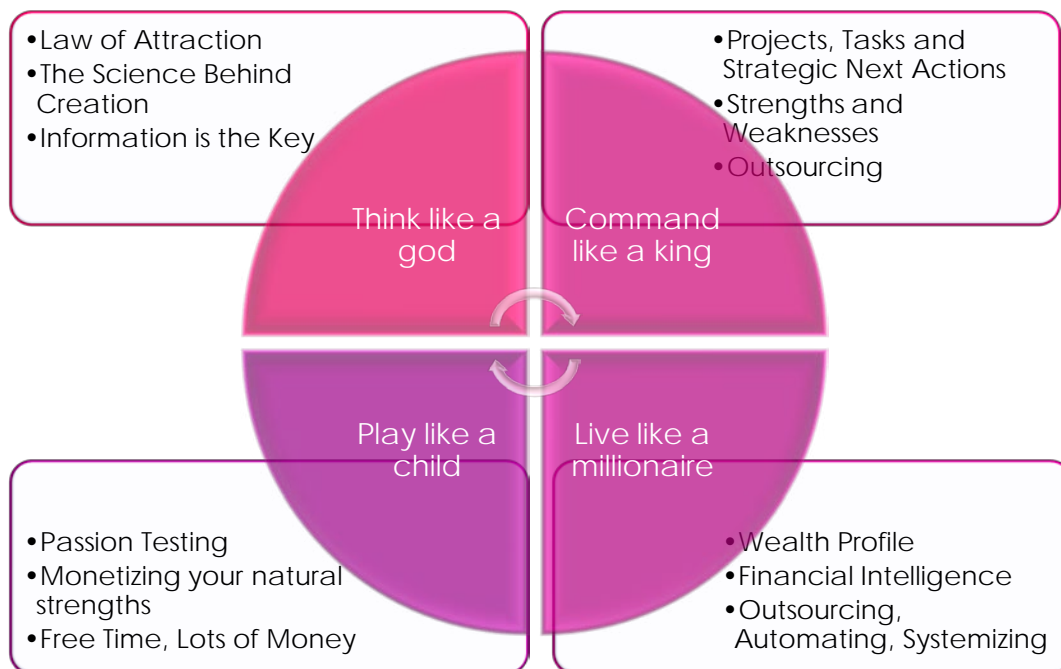
I truly wish to see what people can do with this, because I have honestly said ‘ anyone can do it’ for years!

Another reason is that I recently decided to drastically cut down on the time I spent writing and creating coaching materials. Although I have been doing so for several years (e.g. *A Happy Pocket Full of Money* is one of my books, and I was also the creative consultant on *The Secret*), not many people know of me directly because I have been intentionally staying in the background. Seminars and speaking engagements and the like weren't something that interested me as a pre-30 yrs of age guy. Nevertheless, I spent a lot of time writing and so on. You can Google “David Gikandi” to have a look. However, I have lately decided to focus a great deal of time on real estate development and investments. To do so, I will take a break of several years from writing coaching-style books, video courses, and so on ... so that I may have the full time needed to master this new path. This means that this framework is most likely the last thing I will pen and record for several years to come. I decided, before I left this scene (in terms of creating new material), that I would produce one last item as a goodbye-for-now. This item would have to be something really, really, really worth the occasion. And I honestly hope I have done a good job that will help thousands if not millions of people worldwide to live the life of their dreams!

## The Reason Why Most People Struggle: Putting Life and Work into Perspective (Who and What Almost Killed Your Dream?)

Do you remember that chart we saw before, the summary of the framework?

Have a look at it again:



***Put simply, the lack of fundamental knowledge is the prime cause of failed dreams and the inability to live life on one's own terms.***

And we are talking here of not just 'text book' knowledge, but process wisdom, inner game (mindset and emotions), self knowledge, opportunity knowledge, leverage knowledge, financial intelligence, wealth path knowledge...

**The Law of Attraction, quantum physics, demonstrates that we get, become and experience what we think about and feel most of the time.** It is like a computer. What you feed it, you get out of it. Fundamental knowledge, the framework, the formula, becomes extremely important. It becomes a core key.

Consider some of the following fundamental knowledge errors that may be causing you your stagnation:

1. **What are the errors in your perception, thinking, feeling and execution that make you feel overwhelmed?** Too much work, too many things to do, not enough time? Too many expectations from family, friends, the government, society...

expectations you have been trying to meet, some of which you barely met and others you have no hope of ever doing so? What is the error there? Think about it. Look at that chart above. Any clues? I know the chart is very much a basic summary with much missing from it, but perhaps you can still get a clue.

2. **What about being drained of time, passions, loves and money?** Why isn't the tap flowing in the other direction whereby you would find yourself with lots of free chunks of time in a day, doing what you love and are passionate about, and earning more than you need, automatically, whether you go to work or not? "Ah, he is dreaming!", I hear some of you say. Am I? Let me ask you this. And I need you to be completely honest with yourself here. (1) What are you passionate about? (2) Do you know of or have you heard of people doing what you are passionate about? I bet the answer is yes, there are lots of people on this planet who do what you are passionate about. You may think that for you it is impossible because of XYZ reasons, but at least you can admit that the passion itself is lived by others. So, are your XYZ reasons real? Could they be errors in perception, thinking, feeling and execution? Is there some mis-education or missing education? What about earning money whether you work or not? Do you know or have you heard of people who have an income that is not attached to time working (passive income)? So then you know its possible. Now, you may be lying to yourself that only "business people" have such. Perhaps. But what is your definition of a business person? If your passion was travelling, for example, can you live your passion and have a passive income from it? And what of your strengths and instincts? Are you leveraging those to create massive passive income or do you happen to use them once in a while...
3. **Are you struggling with your weaknesses?** Why not just ignore them and have someone else handle them for you so that you can focus on your strengths? What!!! Yes, why not? It is easier, more efficient and more lucrative that way, if you know how to do that, don't you think?
4. **How are your natural strengths being utilized and leveraged?** Or are they being largely ignored? What about your people networks and their people networks? Are they being leveraged in line with their natural strengths, in synergy with yourself, so as to create power and abundance?
5. **And what about your natural path to freedom and wealth?** Did you know that such a thing exists? And if you did, do you know what's yours?

Ok, look. There is a whole lot more I would like to ask you but we could be here all day. The point I needed to make is, there is a lot you may NOT be considering, that you OUGHT to, and when you do, you will realize that the path was there all along... and it was a SIMPLE path! Remember:

1. **Money** and **freedom** live on the other side of fear...
2. **Fear** is largely brought on by ignorance (False Evidence Appearing Real)...

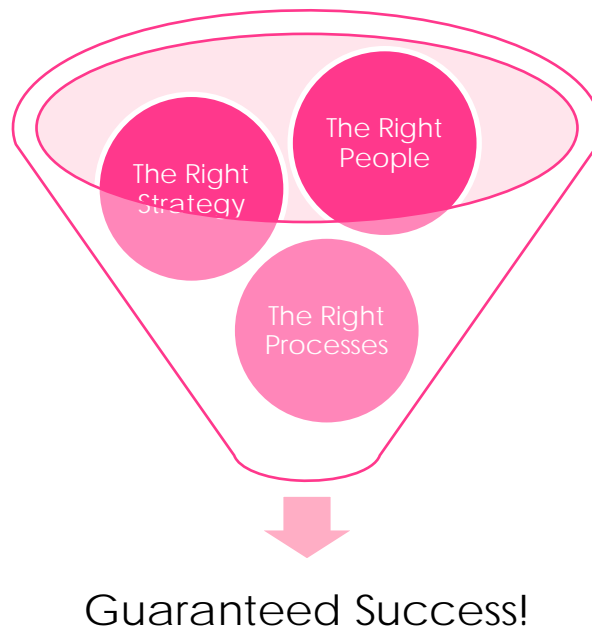
3. **Nothing clears fear faster than clearing ignorance and moving onwards with new information!** Incidentally, nothing brings on new success faster than applying knowledge, applying new information!

**Please listen very, very carefully here...**

## **What You Need Is To Put Together A Lifestyle Framework Around You To Support You And Make It Happen!**

What???

Yes, what you need right now is a lifestyle framework around you (what I prefer to call the outer game). Such a framework is composed of:



You need:

1. **The right strategy:** This is a plan based on how life works (in whatever area of interest). The **right** strategy is one designed to achieve the dream lifestyle. It has to be sound, based on **true, tested** principles of **working less** and **achieving more** in any particular area. Without the right strategy, you would be stabbing in the dark and hoping for the best. Without strategy, the chances of success fall to near zero. With strategy, they approach 100%. Strategy makes the right link between people and processes.

2. **The right people:** People **make things happen**. Whatever it is that you do or wish for, people will be involved. You need people to work on things, to connect you with other resources, to get you information, to connect you with markets composed of people who are eager to pay for you for your strengths, and so on. This means that you need **particular** people, not just anybody. You need the right people for your particular situation and profile. People make the right link between strategy and processes.
3. **The right processed:** Operations require mapped processes. This is what I like to call 'on-the-ground' truths. For example, if you wish to build a car, you need the process map of building a car. If you wish to make a hamburger, you need the process map of making hamburgers (also called the recipe and cooking instructions). Processes make the right link between people and strategy.

As you can see, this is a synergistic approach to success. Apply the **Law of Attraction** to this and you will be amazed at the **power** and **effectiveness** you will have!

Again, an extreme example is the best way to bring this point home. Consider your favorite musician, sports person, actor, or even business person. I know your needs are not the same as such a person, but I wish to use an extreme so that you get the picture. Ok, so think about your favorite musician, sports person. Now, think about this:

- **What kind of people do they have around them?** They may have promoters to help them get their name out, they may have agents to find them deals and make that happen, they may have marketers and distributors to help them reach markets and sell their music and so on... Now, please get this: **They did not need money, necessarily, to get these people!** Money came after. *The agent doesn't cost money. They just need to know that the person they represent will make them money. The distributor doesn't charge money up front; they just want to know that the product they are being asked to distribute will make them money!* And so on. **You, too, can get all sorts of people to plug into your life, no money down, and they will go with you because they also need you!** And together you will achieve amazing things. Most people forget this important part! Few people ever get together the right people around them to achieve their dreams. **Honestly! This is the most ignored aspect by most people on this planet.**
- **What about processes and strategies?** What kind of processes and strategies do you think they have to actually accomplish all that they do? You would expect that they do have strategies and processes not commonly known by the average person, processes and strategies that get them to great heights.

Now, you don't need something as complex as these guys do. Yours would be much simpler; consisting of things and people already within your reach today (you just don't know it yet, but you already have all you need to get started right away). But, in brief, **imagine what your life would be like if:**

- You had the **right people**...
- The **right strategies**...
- And the **right processes**...
- **Coupled by Inner Game mastery, the right mindset and emotional intelligence!**

You would BLOOM! And bloom bigger than you ever imagined yourself capable of blooming!

Now, I **will assure you of this:**

*Putting such a system together is easy, if you know what to do! And, because it is a system built and tailored for you, uniquely as whom you are, it will be fun, fun, fun to do!*

I am going to show you how you can easily put together the right people, strategies and processes, plus Inner Game mastery, to achieve this:

- Have up to 93% more free time...
- Over 362% more money...
- More life and peace of mind...
- Doing what you love...
- In as little as 60 days...
- Starting from scratch!

## **Busting the 10 Myths... The Myths That Say, Quite Convincingly, Why Your Dreams Cannot Be Achieved. Let's Bust Them!**

### **Myth #1: You cannot create wealth if you don't have education or money to begin with**

This is nonsense. First, education is important. You need to know what to do. It is far easier to follow a proven path than to figure it out yourself by trial and error. But education can be acquired, no matter who or where you are. Sure, some people may not afford to go to college or even school. But, if you place one foot forward, and then the next, learn one

*One should as a rule respect public opinion in so far as it is necessary to avoid starvation and to keep out of prison, but anything that goes beyond this is voluntary submission to an unnecessary tyranny. - Bertrand Russell*

step at a time, you will ALWAYS find the next step. If you don't know how to start and run a business and cannot go to business school or whatever, you can always take one step forward, learn something small about business, start somewhere, and you will find someone at the end of that step who will teach you the next step. And this applies to anything you wish to accomplish! One step at a time always leads you to the goal. Initially it may be a slow start but sooner or later you will gain momentum. Now, as for money, you also don't need money to get started. **The more you develop your RIGHT information and knowledge and RIGHT network of people, the less you need money!**

**Myth #2: Time = Money. You cannot earn money without exchanging your time for it**

More nonsense. It is true that at a certain level, time = money. At a certain level. If you are employed by the hour, then, yes, time = money. But this is NOT a universal principle! Passive income, residual income, capital gain and so on are examples of situations whereby money comes without your direct working for it. Look, production creates money. But it doesn't have to be your hard direct labor doing the production. If you own the value production system (such as a business, an asset, a book you have written (or paid someone to write for you), a list of buyers in a particular area, a network marketing down line, a membership website whereby you have placed some instructional materials that members pay access fees to you for, shares, a content site with Google AdWords, rental property, etc) or pay someone else to work, then you don't have to work to enjoy the benefits. **The more you develop your RIGHT information and knowledge and RIGHT network of people, and package yourself to create passive income systems, the less you need to work!** The key word there is 'packaging'. Packaging allows for you to be untied from your work. You can now export, mass produce and mass distribute your strengths, knowledge, skills, resources, etc. do you know how to achieve self-packaging (and we are not talking about dressing up nicely here)?

**Myth #3: The education system is adequate**

It is adequate at training people to get a job, to be artists and doctors and lawyers, and so on. But it does NOT show you how to be financially and time free. It simply doesn't! Our current education system was designed in the 1800s to produce people who fit into the work gaps in society, the machinery... It was the industrial age, after all. We needed people to work in the factories, to invent things, to administrate, to provide health services support, and so on. There was no agenda to teach people to be financially and time free. Maybe, as civilization advances, this will be commonly taught. But at this stage in our civilization, this information is held by less than 2% of the population, perhaps. But all you are missing is this information. Those whom you may admire for having financial and time freedom simply have the information that you don't.

**Myth #4: Work hard, and you will achieve financial liberation**

OK, do you really believe that in and of itself, hard work is the key? I know tons of people who work very hard and are still struggling, as I am sure you do, too. And I know several people who are financially free and still choose to work hard. There is nothing wrong with hard work. It is all up to you. And then I know of those who hardly work, and they too are financially and time free. It is up to you. But what I hope we can agree on is that hard work is not the key. You need to apply your efforts along the right plan, leverage it using the right systems and people, applying proven processes that lead to achievement time and time again. Once you have reached a certain level, work is optional, but chances are, because you will most likely reach such a level by doing what you love, you will tend to work anyways! Because you love what you do!

**Myth #5: Fix your weaknesses if you wish to succeed**

It is far easier to come from competence (strength) to excellence than it is to come from mediocrity to competence. We all have strengths and weaknesses. Why bother improve your weaknesses? It takes far too much effort, too much time, and it isn't fun! Working within your strengths is super-fun, has high growth, and great results. So why not spend the BULK of your time doing what you love and are strong at, and let those who are strong in your areas of weakness handle your weaknesses for you? It is a synergistic way of looking at things, and if you know how to apply this principle, wow! Your life will zoom up!

**Myth #6: Struggle is normal**

No its not. Struggle is a result of not being in the flow. In flow with what? With yourself! With how things work! With the natural order of things! With other people and systems (hence the power of leverage)!

**Myth #7: Solve it yourself. Figure it out. Do it yourself (DIY)**

Oh, boy, this is a big one! We were raised believing that it is virtuous to figure it out, to solve things. Well, solving things has its place. And its place is in inventions. In things we don't know about. At one time, we didn't have mobile phones, now we do. Through figuring it out, trial and error, decades of research, we invented mobile telephony. Now, in 2008, why on earth would you want to re-invent the mobile phone? Just buy one! Its cheaper and faster. Now, most likely, 99% of your life contains things that have been done well by someone else. And in achieving your dream life, you would be treading a path that has been walked upon in the past by others. So why not take advantage of global learning and evolution, eliminate trial and error, and simply learn from those who have succeeded before you in the path you wish to follow. We have been told that it is strong, manly even, to figure it out yourself. That it is weak to seek help. Trash those ideas right now and start emulating succeed. Copy success!

**Myth #8: Life is risky, play safe**

If you run away from risks, you also run from its rewards. Life rewards risk! Life rewards risk, mightily! And life teaches via failure, guiding the failed to future success. It is far more painful to remain in mediocrity than to try and try again and make it. Life will assist you! Now, having said that, there is no point being a damned fool about risk. Take risk, but find ways in which you can manage risk. And the best way to manage risk is to get rid of unseen corners, get rid of ignorance. How do you do that? By copying those who have succeeded before you, by learning from those who are there already! Risk management is not the same as risk avoidance. Don't run from risk; manage it.

**Myth #9: Your retirement is handled automatically if you just do your work now at your job**

Anyone up for a good laugh? Hopefully, we all now know that this isn't true. It just flat out isn't true. That is a fable that used to be told in the 1950s to new factory workers. Work hard and then retire! Now we know that those who don't have their retirement sorted will have 10 to 20 years or more of very hard living at a fraction of their past income. Think about it. If you retire at 65 years of age and live to 80 or more, what kind of life do you think a retirement benefit scheme from your employer will give you? You may end up having to work at a video store after you consume your retirement fund. And at that age, few banks will give you loans, and so on. Retirement has NOTHING to do with age, and NOTHING to do with being able to live without working. You can retire at 25 years of age if you have put together a passive income system. And without an adequate passive income system, retiring at 65 won't magically make money come to you. Retirement is simply the ability to stop having to work because you own a system that can replace your income for you. A long time ago, some governments were able to do this for their citizens, to provide such a system for those who reached a certain age. Hence the common confusion nowadays that retirement has something to do with age and it automatically provides for passive income. Nowadays, most governments are unable to adequately provide for those who retire simply because they have hit the 65 years of age mark. The benefits available are meager at best. Out of the top of my head, I think that only the Scandinavian countries, especially Norway, have a suitable retirement scheme. The rest just aren't enough or aren't there anymore.

**Myth #10: Don't be yourself!**

This is the mother of all the myths. We are fed this myth in so many different ways and through so many different channels. There is the prevailing idea that you cannot be yourself and succeed. You are taught to change yourself to fit a certain 'standard', to accept certain ideas... to blend in! In fact, you are even rewarded for blending in, for losing your natural essence, for dropping your own way. The rewards are piecemeal. Often consisting of minor promotions, small raises, stars on sheets of paper. All the time, the big reward, your life lived in passion, is held at bay, un-lived. Look, you may copy successful ways of life, but you don't have to stop being yourself. In fact, being yourself

is the best thing you can do for your success. Accept your strengths and weaknesses, then apply your strengths 100%. Whatever they may be. Accept your passions! Then follow your heart 100%! Know your natural path and ways, then harmonize that with the world and follow your path. I am not calling for a rebellion for the sake of rebellion. That is just as unproductive as conforming. What I am saying is, be at peace with who you are, leverage your power and passions, learn what you need to learn from those who have succeeded at what you wish to accomplish, then follow your way, and you will succeed so well, and you will be happy because it will be in doing what you love! BUT WAIT! Didn't they tell us, when we were younger, that we can't just do what we love, that we have to do what we are told, and work in careers selected from a menu that was presented to us when we were too young to know any better? Yes, they did tell us these things! And now we believe them, we accept them as facts of life. Wake up! They aren't facts of life! They are just beliefs about life. You can do what you love and succeed mightily. You simply need to know how.

### **Time Is Running Out, but You Can Still Live the Lifestyle of Your Dreams**

Time is running out in two ways:

1. **You aren't getting any younger**, that is the truth. **The earlier you start, the more you have the power of compounding working for you.** If you had started this lifestyle last year, today you would be enjoying the fruits of a year ago, which include things being easier, the foundations built, and so on. Compound interest works wonders on money, efforts, networks, everything! Plus, time has its seasons. There is a time to sow and a time to reap. The cycles of time influence a lot. Don't start too late.
2. **The world is changing.** The world is always changing. Every year and every era has its own waves. This is the current wave. We are at an unprecedented time where this particular formula works almost magically! The new resources are tremendous, vastly untapped, well priced and within reach of everybody! Things like the Internet and outsourcing to India and China are still in their 'Wild West' days, and at the moment, even a single individual with a budget of a couple hundred dollars can take advantage of the web and the worker in China to create fortune and liberate their time if they simply know how to. Someday, who knows when, some of this will become out of reach for the average Joe. Someday, you will no longer be able to hire an MBA in India for \$5 an hour and have both of you happy (right now the economics of it make this arrangement a win-win scenario but someday it will be win-win at \$30 an hour).

## How to Apply the Law of Attraction for Great Success

Begin to **structure** your **application** of the **Law of Attraction!** The structure is what puts in place deliberate creation. The Law of Attraction is always working, but by structuring its application, you “**herd**” it into a **well-targeted flow**. The Law of Attraction says that you bring about what you predominantly think about and feel. So, whatever you think about most often, whatever you feel most often, dictates the results you create and experience. It is always working. The question you ought to ask yourself is, what will be the **difference in results** between a person with powerful knowledge applying the LOA, and one with powerful ignorance applying the LOA? The beauty of the LOA is that it can be used to attract the right knowledge as well, which is why you are now reading this. It is in line with what you have been wondering about, isn't it? Use the LOA always to attract new knowledge, then apply that knowledge, that will move you ahead more, then repeat the cycle from your new vantage point!

## Poor Inner Game and Lifestyle Design Results in Your Working Too Much For Too Little With No Free Time

Frustration... hard work... and skimpy results compared to what is possible. This is the plague of much of the world. And then there are those few who seem to flourish, to work at what they love, work when they want, enjoy it all, and achieve great results.

The difference is vast. And the reason for the difference is easily traced right back to lifestyle design and inner game. The Inner Game is the mindset and emotional mastery. The outer game is the lifestyle design. The work of this manifesto has been to show you how the mastery of these two can easily and surely enable you to create the lifestyle of your dreams, regardless of your present circumstances.

## Here Is the Promise: You WILL Be Working Less, Doing Only What You Love and Are Strong at, Outsourcing Your Weaknesses, Making More Money, and Achieving Your Dream Lifestyle by Simply Being Who you Naturally Are

So, this is what it all comes to:

To be honest and frank with you, this Manifesto is just an appetizer. It contains valuable information, as I am sure you would agree after reading it, but it is just the tip of the iceberg.



Over 16  
videos! PLUS  
Mind Maps,  
PDFs, charts,  
books, etc...

I am sharing videos, mind maps, and other materials to deliver to you the very tools, strategies, and knowledge you need to achieve all that you have read in this Manifesto and more.

Have a look at the Amazing Lifestyle Creation Formula. If you haven't done so already, ensure that you register with us so that we can give you a **free** taste of this package. Once you register, ensure that you keep a keen eye out for an email from us and follow the confirmation instructions in that email. Be sure to get in on this, **it will be one of the defining moments of your life!**

*To register, get access to even more FREE ITEMS and FREE VIDEOS plus get a chance to get the FULL Amazing Lifestyle Creation Formula*

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**BUT WAIT! There is more!**

Yes, there is a lot more. **You can make money with this and enjoy sharing and discussing it with other people worldwide!**

Give me a moment of your time and I will show you how we can all have more fun with this, help other people get on board, and have us all making money. Just by participating, you will also learn how to use the Internet to achieve things you never thought possible. So, let's get on with it:

1. **Would you like to make money, possibly lots of it, with this document?** It is as easy as ABC. We will pay you **50-60% commissions**, directly into your account by [PayPal](#), on any sales you refer to us. In other words, if you send this document on to your friends, customers and so on, and they end up investing in the Amazing

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2. **Did you find this manifesto useful?** Do you have further questions or wish to discuss it? Then blog it!
  - a. **First, blog it on our blog.** This is the central blog for this Manifesto and all that we do here. So, **this is the place to start your blogging** (everyone else comes here and **you can join in on the fun and discussion of this Manifesto!**). Simply go to our blog here. Now, while you are there, please remember to click on the Digg, StumbledUpon, etc buttons at the bottom of each post so that we can get even more people involved. Thanks! I really appreciate it. 😊
  - b. **Next, blog it anywhere else** you usually do your blogging.
3. **Join our Facebook page.** This way, you can network with other people who also understand this manifesto and the Amazing Lifestyle Formula, and from here you can form new alliances or collect new information that you may need on this

and related things. [Simply click here to join our Facebook Mastermind page.](#) While there, please ensure that you click on the **Become a fan** link so that you may enable full participation.

4. **Post an audio or video testimonial!** It is easy and fun and you get famous! We would really love to hear (and see, if you like) what you think about all this. It takes real quick to do, we have everything all set up for you to just click and talk, and we will put your comments on our website. Your comments will help us improve what we do for you and also help other people gain more confidence in their ability to also get in on the living of the lifestyle of their dreams, so please help us. Thank you! [To leave your audio or video testimonial, please click here.](#)

Thank you very much and have a great day! Stay tuned for more great stuff coming your way on the Amazing Lifestyle Creation Formula! Create and enjoy a great day,

*David Cameron Gikandi*



#### Comments From Current Owners

*"...The step by step process and the realization that I can experience the life of my choosing. I like the entire system, and like all of David's work, the way he puts it all, simply, into perspective. everything is just great in this program..."*

*"...I love the excellent way in which the literature is written. The content really resounds with me and I am looking forward to working through the many wonderful books, mind maps and other presentations that accompany the formula..."*

*"...helped me convince myself that I can do whatever I want..."*

*"...The amount of information provided has been exceptional..."*

*"...The DVDs (allowing consumption wherever I have a player, not just at my computer at home); Helped most: the breadth of the course; it's big picture approach that is then broken down into digestible pieces..."*

*"...The fact that it goes far beyond the power of positive thinking and actually explains how the universe functions and how your spirit connects with the flow of energy. The fact that quantum physics literally proves the existence of a higher power and simultaneous planes of existence really excited me. The Mindjet charts are the*

*most effective and practical formula for effectively organizing your thoughts, planning your future and identifying your strong points..."*

*"...I love DCGikandi's writing and presentation of information...I am always inspired and sense his enthusiasm, truth, authenticity, integrity and passion. This is what life is all about and he has a pure way of conveying the truth that resonates with one's soul..."*

*"...I like the way it is written, easy to understand the concepts. I am excited because it seems to have the missing pieces not found in other programs..."*

*"...I am amazed at the wealth of material. It's staggering, really, the sheer abundance of information and the depth that David goes to with everything. I think by the time I've gotten through all of it, it will be the equivalent of a Master's Degree in Life!..."*

*"...The value of this Program is truly phenomenal..."*

*"...Everyone and anyone should partake in this course. It is worth 100 times its value..."*



# Amazing Lifestyle Creation Formula



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