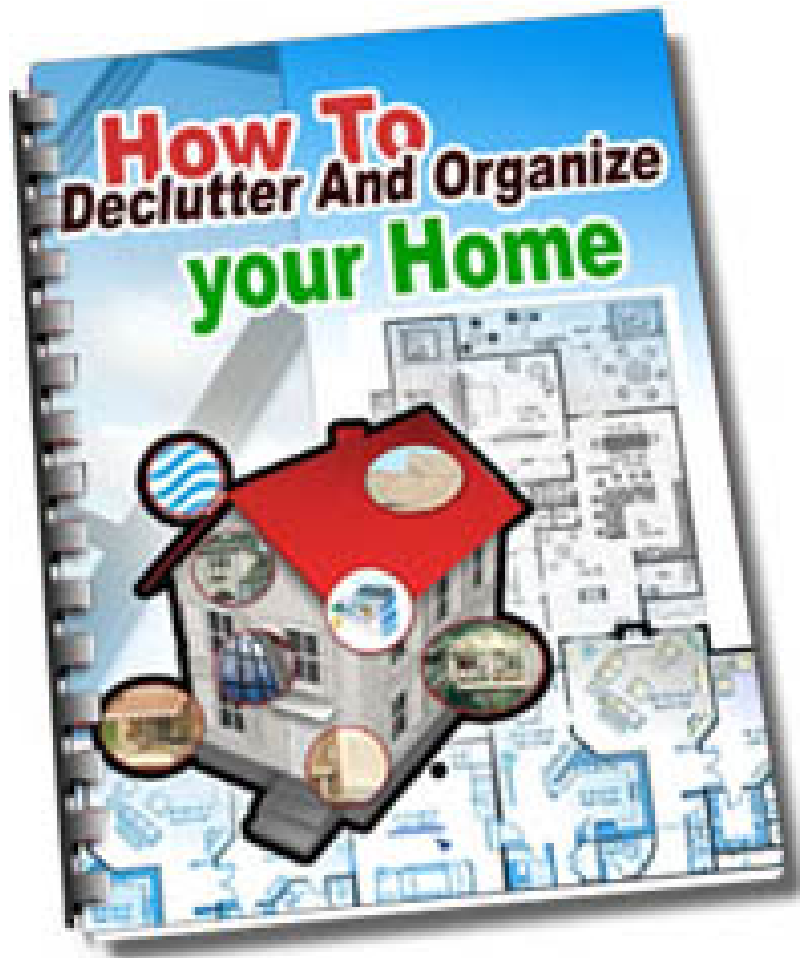


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Introduction

It is only when you understand the importance of having a clutter free home that you can really enjoy and relax in your house. It is very easy for people to simply accept messy surroundings and not clean for a few weeks, but that's not advisable at all. There are a few things you can do in order to avoid that.

First of all, you need to clean regularly. Yes, it may sound like an obvious thing, but you would be surprised of how many people simply don't do this. You can achieve this without so much effort if you clean every room of your house every few days.

Also, you need to keep things organized, and this is the real subject of this report. Tossing away things that are no longer of importance to you is necessary and this is the first step to a clutter free home.

You can also hire some help, a person who comes once or twice per month in order

to help you with the cleaning process. This serves a dual purpose: the actual cleaning of the house and providing you with the feeling that you are not alone in your efforts.

Creating peaceful and relaxing places in your own home is also a very good idea. These places can be used for relaxation, meditation, or anything else that will relieve your stress. Think of a spa or a beautiful location and try to recreate it in your own home.

These first few steps are important if you want to keep your home neat and organized. And now, let's get right to the chase and list and explain some of the most efficient ways that will keep your home clutter free.

15 Steps to a Clutter Free Home

It's time to get into the habit of letting go of excess stuff, rather than finding a place to stuff it. Having to walk around stuff or over stuff does not make for a peaceful living environment. Let's go room by room and take care of some of the most common clutter problems.

1) Save your space in the kitchen

There are some items which really deserve the primetime space in your kitchen. They should be within arms reach in the best location available. Watch out for space hogs in the kitchen such as multiple coffee mugs, plastic bags and cleaning products.

2) You need to ask yourself how many of each type of item do you need to have a reasonable amount on hand.

Do you have 6 pieces of something but only regularly use one? You are not the only one, because this is a problem that many people face nowadays. Setting limits will help you maintain an organized kitchen very easily. Any broken, stained or chipped items need to go. No remorse whatsoever...

3) You can easily donate or discard your extra items, or in the case of glasses or dishes you can store them in long term storage until needed.

That only applies if you have room for long-term storage. However, you might already have a long term storage problem. If this is the case, go ahead and get rid of your excess, unless it's an item that you can not replace. This can be the case of your grandma's good china. If this is your case, you can get rid of something else and store grandma's china. You need to remember to periodically go through cabinets and drawers and purge extras and replace worn out or damaged pieces.

RECOMMENDED PRODUCTS:

[Declutter Fast - Get Your Home In Order!](#)

Learn how to declutter your home immediately and discover the power and joy of order. This quick read can change your life entirely if you apply the techniques explained.

[Get Organized Now!](#)

This ebook has some of the best ideas, tips, tools and more that will help you organize your home, your office and your life!

4) Clear the most visible part of your kitchen: the counters

Start by clearing all available items into boxes or onto trays. If you decide to do this, do it properly. You can take this opportunity and also clean your counters thoroughly. Now, start putting back, but only the items that you use on a daily basis. The toaster, the coffeemaker, crocks of utensils. Only use decorative items for display on your countertop if you have plenty of space to do it. Otherwise, decorations in moderation should be on the walls to save valuable space in a kitchen that is bound to get crowded again.

5) Discourage paper piles from gathering by creating an action file

A RAF file (or an action file) can be anything that can hold 3 files or folders. RAF is an acronym for read, act, and file. As more paper comes into your house, you need to use your RAF file to place each piece either in to read, to act (meaning you need to do an action) or to file. Each piece of paper you decide to save is important for one reason or another. This is the reason why you need to be able to find it quickly. Then of course there is the trashcan, which you must use regularly. You can also easily set up binders with clear plastic pages for things like receipts, recipes, take out menus, school information and frequently called numbers.

6) Clean your fridge now!

First, scale down or eliminate old refrigerator magnets or at least move them to one side. Clear everything from the front, then put important items such as menus in a binder or in your RAF file. Save your kid's best artwork in a plastic bin and put their name on it. Also, be sure to write their age on the back with an acid free pencil or acid free pen. You can find this in the scrap booking section of any store. When the fridge is clear, only put back current items.

TIP: Keep a wipe off calendar on the front side of you fridge, and update it the 1st of every month from you pocket calendar that you might keep in your pocketbook or briefcase. That way you will definitely not miss any appointments or meetings or double schedule yourself.

RECOMMENDED PRODUCTS:

[The Definitive Guide To Home Organization For Busy People!](#)

The definitive guide to home organization for busy people! - How to Quickly and easily clear clutter and organize your home...for good! Learn the exact steps and tricks used by professional organizers to get your home organized and clutter free today!

[Declutter Your Home - Mp3 & EBook](#)

This product now has a new lower price! Get organized now and learn innovative ways to declutter your home. A best seller.

7) Now, go to the bathroom and start cleaning out your medicine cabinets.

You must dispose of your expired medicines and toss bottles of perfume, lotion and nail polish that are almost empty. Only keep on the products that you like and use on a daily basis. Don't keep products that you either didn't like or were not effective just because of what they cost you. In the long run, they will cost you more in space wasted.

8) Get to your drawers and clean the stuffed ones.

Ok, we have all done it at one time or another. I am referring to shoving one more

item into an already full and crowded drawer. But now time has come to change all that. Go drawer by drawer and take everything out. In the process, you can ask yourself: "Do I love this particular item?" "Do I really need this?" "Why am I keeping this?" The answers to these questions will tell you what you need to do, and the first one that pops into your head is probably the good one. Then you keep it, donate it or toss it. By lightening up your drawers you will surely reduce stress and be able to find the things you need faster and a whole lot easier.

9) Clear the bathroom counter

When you are in the morning rush, it will be a lot easier to get ready in the morning and reduce stress when your bathroom counters are clear. This is also a time saving tip because cleaning is a breeze. See tip #12 for the solution to where to put all the stuff you cleared off the bathroom counter.

RECOMMENDED PRODUCTS:

[Clutter-free Forever!](#)

This is the home coaching program that puts you back in control of your life!

[Home Decorating Made Easy](#)

Do you need some good advice when it comes to home decorating? Many people do. Here's your chance to learn from the experts.

10) Use the space you have available on the walls

If you're hard pressed for storage solutions, look no further than your walls. There are plenty of options to create storage and reduce clutter on countertops. Ask yourself this: "Is there anywhere that I can add a shelf or shelves?" Maybe even a wall soap dish or toothbrush holder. Look on popular places like eBay or Amazon for hotel towel holders because they can hold 2 bath towels, 2 hand towels and 2 washcloths each.

11) Create a peaceful and relaxing retreat.

The majority of the bathroom tubs and showers are always overflowing with bottles of shampoo, conditioner, bath toys and body washes. Again, you need to start by removing all items; clean the surfaces very thoroughly with a soap scum-removing

product. Then, only put back the products that you use regularly. Consider getting a shower caddy if you don't already have one and a stick on a basket or a bag for your kids' toys.

12) Make your own personal bath totes.

Each and every member of your family should have their own container where they can store and transport their own personal bath items. This container can be either a small plastic crate, a wicker basket or any other small container. Its most important characteristic is that it can hold your items neatly. Placing each family member's items in their own container makes it easier to store these things under the bathroom sink or in the linen closet until they are needed. This is also an important issue in their personal hygiene. These items together keep them a good hygiene, because it makes it easy for them to find their comb or hair detangler. Also, there is no problem in moving to another bathroom when company comes.

RECOMMENDED PRODUCTS:

[50 Steps To A Clutter Free Home And Lifestyle](#)

A step-by-step guide to declutter your home. This clear and concise book is written with you in mind! Easy to Follow suggestions, ideas, and steps will help you declutter your home once and for all! You will enjoy living in your home again!

13) Create a peaceful bedroom.

Your bedroom should be a place where you can rest and relax. It is not the place to do work or other stressful activities that take out your energy. Do not allow things not related to sleep or relaxation to accumulate there. This room should contain a bed, a dresser, nightstands, a lamp and maybe a chair or bench. Do not over crowd your bedroom with furniture or it will make it feel small and will not promote peace. Your nightstand should be clear except for your reading glasses (if you need them), a book or a magazine (just one, do not stash a pile over there), an alarm clock and maybe some tissues. Start by clearing the room of all the excess stuff, and only put back those items that promote peace, relaxation and rest. Donate or store extra items elsewhere.

14) Remember the famous one in one out rule.

Once you have your house down to where it looks and feels good, for every new item that you acquire you will need to donate, sell or give away another one. One for one,

it's the only way to maintain the balance that you have worked so hard to achieve.

15) Place 4 containers (not more) in your laundry room.

There are 4 containers every laundry room should have in order to keep things organized. Three of them can be boxes, bags, laundry baskets or whatever you have at hand. The last one is a trashcan. Make sure you label your containers this way: donate, mending, rags and trash. The donate box means that you continually separate out items that are past their prime but still have some wear or are too small. These are the items that you can donate, of course. Then, the mending means that you need to do a small repair. The rags label means that the respective items have holes or bad stains so you can use them to clean or stain furniture. Cotton or wool clothing make the best rags. The trashcan is for items found in pockets, dryer lint and other trash. This way they don't pile up on your dryer ,eventually making their way to the floor.

There you have it, the most important 15 steps that will help you achieve a clutter free home. Make sure you do these activities from time to time, and you are guaranteed to have a very ordered home that will be your pride and the envy of your guests.